



Baked Potato Chips

No reviews Author: Fitfabfodmap Prep Time: 10 minutes Cook Time: 20 minutes Total Time: 30 minutes

Description

Just as delicious as traditional potato chips but without the guilt!

Ingredients

SCALE

2 Medium Russet Potatoes

Non-Stick Cooking Spray

Salt & Pepper

Instructions

- 1 Preheat oven to 450 degrees.
- 2 Slice potatoes (CAREFULLY!) into 1/8 inch slices.
- 3 Place potatoes on a parchment-lined baking sheet and spray potatoes with nonstick spray.
- 4 Season with salt and pepper, to taste.
- 5 Bake for 15-20 minutes or until browned and crisped.

Notes

-  Serve with your favorite dipping sauce!

Find it online: <https://www.fitfabfodmap.com/baked-potato-chips/>

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